

# The Fifth International AAICP Conference on Stress, Health and Well-being: Indigenous, Social and Cultural Perspectives

Asian Association of Indigenous and Cultural Psychology, Faculty of Medicine, Universitas Sebelas Maret Surakarta, Indonesia, January 10-12, 2014

Stress has become a part of modern life which can produce devastating physiological, psychological and social consequences. Coping with stress and promoting health are important aspect of well-being. Traditional psychological theories and medicine have focused on physiological basis of stress. However, recent researches indicate that relational, social, community and cultural factors mediate the experience of stress and coping and these factors are important in understanding health and promoting well-being.

The goal of the *Fifth International Conference of Indigenous and Cultural Psychology* is to understand factors that alleviate stress and promote health and well-being. The second goal is to examine how human thoughts, emotions and actions in local, cultural and global context influence stress and promote health and well-being. The third goal is to examine the role of agency, intentions and goals in explaining the experience of stress, health and well-being. The fourth goal is to integrate arts and humanities with social sciences to understand stress, health and well-being. The fifth goal is to contribute to development of psychological knowledge that is relevant, useful and universal.

Surakarta, Indonesia is ideally suited to host the Fifth International Conference of Indigenous and Cultural Psychology, with its diverse cultures, religions and way of life. Surakarta represents an example of people living in harmony. Indigenous way of life is dominant and culture provides a basis for alleviating stress and promoting health and well-being.

This conference will cover the following topics on stress, health and well-being:

- 1. Research on stress, health and well-being.
- 2. Role of emotion in our life and emotional disorder.
- 3. Stress, coping with disaster, severe illness and trauma.
- 4. Self, relationship and community in promoting health human development
- 5. Occupational stress, satisfaction and job performance.
- 6. Integration of indigenous and cultural psychology with medicine.
- 7. Diagnosis, counseling and psychological treatments in medication processes.
- 8. Primary prevention, community intervention and promoting healthy lifestyle.
- 9. Education and health promotion.
- 10. Linkages of art, music, and humanities with scientific understanding of health.

# **Conference Schedule**

Venue: Faculty of Medicine, Universitas Sebelas Maret, Surakarta, Indonesia: http://uns.ac.id/en/

### Friday, January 10

09:00 - 09:15	Opening Address
09:15 - 11:45	Keynote presentations
11:45 - 13:30	Lunch and poster presentation
13:30 - 15:30	Symposium and oral presentations
15:30 - 16:00	Coffee break
16:00 - 18:00	Symposium and oral presentationse
16:00 - 18:00	IAICP Roundtable: The future agenda of Indonesian Psychology
18:00 - 20:00	Welcoming dinner and cultural performance

## Saturday, January 11

#### Workshop on Stress, Coping and Health

- 09:00 10:00 Keynote presentation: Prof. Akira Tsuda, Kurume University, Japan
- 10:00 11:00 Keynote presentation: Dr. Satoko Kimpara, Palo Alto University, USA
- 11:00 11:30 Q & A
- 11:30 13:30 Lunch and poster presentation
- 13:30 15:30 Workshop Session 1
- 15:30 16:00 *Coffee break*
- 16:00 18:00 Workshop Session 2

#### Symposium and oral presentations

- 09:00 11:30 Symposium and oral presentations
- 11:30 13:30 Lunch and poster presentation
- 13:30 15:30 Symposium and oral presentations
- 15:30 16:00 *Coffee break*
- 16:00 18:00 Symposium and oral presentations
- 18:00 20:00 Closing ceremony and dinner

#### Deadline

Abstract and symposium submission:	December 10, 2013
Notification of acceptance:	December 15, 2013

#### **Registration fee:**

US\$200	Regular: Economically developed countries
	(Hong Kong, Japan, Korea, Singapore, Taiwan, North America, Europe)
US\$100	Student: Economically developed countries
1,000,000 IDR	Discount: Economically developing countries, Indonesia
600,000 IDR	Doctoral student discount: Economically developing countries
300,000 IDR	Graduate and university student discount: Economically developing countries

#### **Registration fee includes:**

- 1. Lunch (2)
- 2. Dinner (2)
- 3. Cultural performance
- 4. Coffee, tea, and snack
- 5. Attendance of all scientific sessions, opening and closing ceremony
- 6. Program and book of abstracts

Contact: Moh. Abdul Hakim, hakimpsi@yahoo.com or Prof. Uichol Kim, uicholk@yahoo.com

# JH Park and TG Jung Young Scholar Award

The **Park Jung-heun and Jung Tae-gon Young Scholar Award** were established to provide financial travel assistance for promising young Asian psychologists to attend the International Conference of the **Asian Association of Indigenous and Cultural Psychology.** 

The recipients of the Young Scholar Award will receive a certificate, 1,000,000 IDR to cover travel expenses to attend the AAICP conference. The awards will be given during the Welcoming Dinner on January 10, 2014.

Applicants should send the following information to Prof. Uichol Kim, <u>uicholk@yahoo.com</u>

- 1. CV or resume
- 2. 500 word summary of current research
- 3. A letter of reference from a supervising professor

#### Deadline for submission: November 30, 2013